



## breakfast menu

7 am - 12 noon 7 days a week

thick cut toast, butter & preserves bagels, sourdough, multigrain, rye turkish, ciabatta or gluten free	6.5
middle eastern fruit toast <u>w</u> butter & preserves	7.9
fresh fruit salad <u>w</u> natural yoghurt & passionfruit	12.5 <sup>vgf</sup>
bircher muesli <u>w</u> organic yoghurt, apple, sultanas & roasted almonds	11.9 <sup>v</sup>
sweet corn fritters <u>w</u> bertocchi double smoked bacon, tamarind chilli sauce	17.5
butter milk hotcakes <u>w</u> vanilla bean ice cream summer berry medley	16.9 <sup>v</sup>
free range eggs your way <u>w</u> grilled tomato on thick toast	9.5 <sup>v</sup>
bacon & egg pannini <u>w</u> kick arse sauce & avocado	15.9
eggs benedict, smoked ham & hollandaise <u>w</u> smoked salmon	16.9 17.9
bubble & squeak <u>w</u> grilled haloumi sauteed spinach & rocket pesto	16.9 <sup>vgf</sup>
spoon baked beans, organic toast <u>w</u> double smoked bacon & avocado	16.5
bruschetta of white anchovy <u>w</u> cherry tomato stew ripped basil drizzled vinicotto & evo	16.9
<b>THE LAST VEGETARIAN BREAKFAST</b> field mushrooms on gf toast <u>w</u> sauteed spinach, confit tomato, poached eggs truffled hollandaise	18.5 <sup>vgf</sup>

### THE CURE

eggs, bacon, tomatoes, pork sausage, mushrooms hash browns, spinach, beans & toast	19.5
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### SOMETHING ON THE SIDE

pork sausage	thick toast
bacon	beans
eggs (2)	roast tomatoes
mushrooms	sauteed spinach
smoked salmon	grilled haloumi
all 4.0	

## lunch menu

12pm - 3pm mon-fri

12pm - 3:30 pm sat-sun

house-made dips <u>w</u> grilled organic breads	13.5
today's soup <u>w</u> crusty organic bread	10.9
bruschetta of white anchovy cherry tomato stew ripped basil drizzled <u>w</u> vinicotto & evo	16.9
caesar salad traditional bacon, coss & grissini <u>w</u> chicken	16.5 17.9
<u>w</u> barbequed bananas prawns	23.5
sea salt crusted calamari <u>w</u> crispy asian salad pomegranate nam prik	20.5 <sup>gf</sup>
roast pumpkin risotto <u>w</u> mascarpone reale, spinach & toasted walnuts	19.5 <sup>v</sup>
angel hair pasta <u>w</u> chilli prawns, lemon, garlic, coriander, lime, cream, evo & white wine	23.5
tempura of queensland snapper <u>w</u> baharat infused sea salt fries & aioli	21.9
wagyu steak bagel <u>w</u> baby beets, mushrooms caramelized onion, provolone cheese & chips	21.5
laos lemongrass pork sausage <u>w</u> bok choy steamed rice & mango salsa	21.5
deli cheese board <u>w</u> 3 fine cheeses daily (see specials board) muscatels, quince paste, breads & accompaniments	22.5
grazing plate <u>w</u> liz's fine olives, mushrooms, smoked meats, grilled bread & antipasti	23.9
chips & aioli	7.0
<b>LATE BREAKFAST, EVERY DAY TILL 3PM</b>	
bircher muesli <u>w</u> organic yoghurt, apple, sultanas & roasted almonds	11.9
bacon & egg panini <u>w</u> kick arse sauce & avocado	15.9
eggs benedict, smoked ham & hollandaise <u>w</u> smoked salmon	16.9 17.9

**please order at the counter**

gluten free: **GF** vegetarian: **V** we only use free range eggs

**trading hours 6am till 6pm 7 days**

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## liquid satisfaction

### SMOOTHIES 6.0

- classic coffee w** praline, vanilla ice cream & milk
- blueberry blast w** skim milk & yoghurt
- choc macadamia w** yoghurt, honey & ice cream
- mocha madness w** coffee, ice cream & chocolate
- strawberry fields w** lemon sorbet & apple juice
- the split w** yoghurt, honey & banana
- mango mania w** passionfruit & lemon sorbet

extras .70  
praline, muesli, malt, almonds, macadamias, protein

### CLASSIC SHAKES w 5.5

- caramel, chocolate, banana, vanilla malt,
- strawberry, caribbean lime, coffee vanilla

### BEER

- blue tongue premium light 5.0
- peroni 7.0
- pilsner urquell 7.0
- grolsch 7.0

### WHITE WINE

- |   | glass | bottle |
|---|-------|--------|
| <b>riesling</b> rolf binder eden valley, sa         | 8     | 32     |
| <b>pinot grigio</b> oakridge yarra valley, vic      | 9     | 38     |
| <b>sauvignon blanc</b> lawson's dry hills, nz       | 9     | 36     |
| <b>sem-sauvignon blanc</b> bress margaret river, wa | 9     | 36     |
| <b>chardonnay</b> allandale hunter valley, nsw      | 9     | 38     |

### CHAMPAGNE

- paul de coste** blanc de blanc brut 8 32

### RED WINE

- pinot noir** oakridge yarra valley, vic (chilled) 9 38
- merlot** the cork cutters adelaide hills, sa 32
- shiraz grenache** schnell barossa valley, sa 32
- cabernet sauvignon** chalk hill mclaren vale, sa 36
- cabernet merlot** rolf binder barossa valley, sa 8 32

### REJUVINATING JUICES 6.0

- detox w** carrot, apple, beetroot & ginger
  - getaway w** watermelon, pineapple, orange & mint
  - flu defence w** orange, lemon, apple, pineapple & ginger
  - revitalizer w** apple, orange, carrot & pineapple
  - fruit n veg w** tomato, celery, carrot, orange, apple
- dare to be different, make your own combo*

### COLD SPECIALTIES 6.0

- iced choc, iced coffee & iced mocha

### COFFEE

- long black, short black, macchiato 3.3
- flat white, cappuccino, latte 3.6
- vietnamese style coffee 4.0
- mocha, hot chocolate 3.9
- extras .70    marshmallows .50    ice cream 1.5

### ICED TEAS 4.5

- monk pear, english lemon, turkish apple, citrus punch

### BLACK TEA

- earl grey, english breakfast
- orange pekoe, morning tea

### FLAVOURED BLACK TEA

- madagascan vanilla
- monk pear, chai, chocolate

### GREEN TEA

- sencha, gen maicha sencha

### FLAVOURED GREEN TEA

- sencha quince

### FRUIT TISANES

- turkish apple, citrus punch

### HERBAL TISANES

- lemongrass & ginger, mint mix
- liquorice legs, chamomile & detox

### EXOTICS

- buddhas tears, pai mu tan
- organic jasmine green all teas 4.0

15% surcharge on public holidays

the **T2** range is available for purchase  
in gift boxes from the deli

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